



Abingdon Healthfest 2026

Abingdon Market Place

Saturday 5th September from 10am to 2pm

Meet the many groups that help you to enjoy life, improve wellbeing and stay healthy. Just a few of these groups are

- Abingdon parkrun
- Reducing the Risk
- Abingdon Green Gym
- Abingdon Surgery
- Cycling groups
- Friends of Abbey Meadow Outdoor Pool
- Abingdon Good Neighbours
- Age UK Oxfordshire
- Dementia Friendly Abingdon
- Home Start
- Scottish Country Dancing
- Bridge house/Riverley Club



**More information at
healthyabingdon.org.uk**

