HEALTHY ABINGDON WALK

Walk 6: Longer walk for more exercise.



3.5 miles

Long town-and-country walk of 5.6 km for 'Couch to 5K' followers...











Albert memorial

Barton Fields from cycle route

Abbey Meadow

Old Station Yard

Route

Walk starts and ends at corner of Park Road and Park Crescent but do start where you like.

- Walk around Park Crescent and turn left at the Albert Memorial on right.
- · Right at Faringdon Road
- Right at Bath Street and left into Letcombe Avenue
- Right at Fitzharry's Road.
- Left into Kingston Close and over the Stert and uphill, then right at The Motte.
- Left at Vineyard and then right at the roundabout into Radley Road
- Right into Audlet Drive.
- Right into Crabtree Place and left into the path just after the road swing right
- Turn sharp left into path marked as National Cycle Route 5.

- Turn right at the Barton Fields information board onto a narrow path and right at the next junction to head back to Abingdon (this path can get muddy so have good footwear).
- Turn left over a bridge, then right at Abbey Meadows with Abbey Stream on your right.
- Follow the path to a bridge on your right.
- · Cross bridge and go right at Thames View
- Left into Audlett Drive Car Park and follow the right-hand footpath which takes you behind Waitrose.
- Cross Abbey Close and straight through 'Old Station House' into Station Yard
- Cross Stert Street into Broad Street. Straight on, keeping the Library on your right.
- Right at Bath Street and cross Stratton Way at the lights and go straight into Park Road which you follow back to your start.

healthyabingdon@aol.com www.healthyabingdon.org.uk